

BIRYANI DISHES

Cooked with zaffron coloured basmati rice & served with portion of medium strength vegetable curry.

Chicken Biryani	£10.95	King Prawn Biryani	£13.95
Lamb Biryani	£11.95	Vegetable Biryani	£10.95
Prawn Biryani	£11.95	Noorjahani Special Biryani (Chicken/Lamb/Beef)	£13.95
Chicken Tikka Biryani	£11.95	Fragrant basmati rice, tender meat, and aromatic spices, creating a flavorful and authentic biryani experience.	
Lamb Tikka Biryani	£12.95		
Biryani from Sylhet (Moulvi Bazar)	£12.95	Special Curry Cravings Biryani (Chicken/Lamb/Beef)	£13.95
Sylheti Traditional Biryani dish. Mix with Potato, Spinach with a Special Blended Spice. Serve with Tarka Dall.		Very Special Spice from Indo/Bangla village heritage. Serve with Tarka Dall.	

VEGETABLE MAIN

Sabzi Kurma (Very mild Dish)	£8.95	Vegetable Dansak	£8.95
Fresh mixed vegetables in a mild sauce with fresh cream, almonds & cashew nuts		Fairly hot, delicious, dish with a lentil based sauce, complimented with sharp, sweet & sour taste, drizzled with lemon juice	
Special Veg Balti	£9.95	Aloo Gobi Jalfrezi	£9.45
Mixed vegetables cooked in our original Balti recipe with medium spices & herbs		A hot vegetable dish, cooked with sliced ginger, tomatoes & fresh green chillies	
Paneer Tikka Masala	£9.75	Garlic Chilli Paneer	£9.95
Chunks of Indian cheese cooked in our mild, creamy masala sauce.		Panir chunks marinated and then cooked with onions, garlic & herbs	
Sabzi Karai Kufra	£8.95	Paneer Korai	£9.95
Fresh vegetables balls cooked in a medium spicy sauce		Panir chunks marinated and cooked in a medium sauce with onions, green peppers tomatoes & fresh coriander	

VEGETABLE SIDES

Mixed Vegetable Bhaji	£4.50	Tarka Dall	£4.50
Cooked in dry medium sauce		Red lentils garnished with garlic	
Bombay Potatoes	£4.50	Mushroom Bhaji	£4.50
Potatoes cooked in light spices		Mushrooms cooked with light spices	
Sag Panir	£4.50	Garlic Mushrooms	£4.50
Spinach cooked with cottage cheese		Sliced mushrooms with garlic	
Sag Bhaji	£4.50	Cauliflower Bhaji	£4.50
Spinach cooked with garlic		Cooked with light spices	
Sag Dall	£4.50	Baingan Bhaji	£4.50
Spinach cooked with lentils		Spiced Aubergine	
Sag Aloo	£4.50	Chana Masala	£4.50
Spinach cooked with potatoes & light spices		Spicy chick peas	
Sag Bisi	£5.00	Baingan Aloo	£4.95
Spinach cooked with kidney Beans, fresh garlic & onions.		Aubergine cooked with potatoes	
Special Avacado-Spinch Bhaji	£5.95	Bhindi Bhaji	£4.50
Avacado mix with spinach with chef special spice		Spiced okra, ladies fingers	
		Aloo Gobi	£4.50
		Spiced potatoes & cauliflower	

DRINKS

Can Drinks (330ml)	£1.25	J20 (275ml)	£2.75
Bottle Drinks (1.5L)	£3.95	Orange & Passionfruit or Apple & Mango	

RICE

Plain Rice	£3.25	Keema Rice	£3.50
Pilau Rice	£3.50	Coconut Rice	£3.50
Lemon Rice	£3.50	Jeera Rice	£3.50
Onion Rice	£3.50	Stir-Fried Rice	£4.95
Mushroom Fried Rice	£3.50	Fragrant rice stir-fried with a mix of fresh vegetables, sweet corn, and peas, tossed in a rich soya and sweet chilli sauce for a flavorful finish.	
Special Fried Rice	£3.50		
Egg Fried Rice	£3.50		

BREADS

Plain Nan	£2.95	Pizza Nan	£4.50
Keema Nan	£3.45	Plain Paratha	£3.45
Peshwari Nan	£3.45	Vegetable Paratha	£3.45
Garlic Nan	£3.45	Tandoori Roti	£2.95
Honey & Cheese Nan	£3.45	Chapati (Made with whole flour)	£2.25

SUNDRIES

Papadom (Plain or Spicy)	(Each) £0.90	Chutneys	(Each) £0.90
Raitha (Onion or Cucumber)	£2.25	Onion Salad, Mixed Pickle, Mango Chutney or Mint Sauce	

KIDS MEAL

Nuggets & Chips	£6.95	Chips & Cheese	£4.95
Chips	£2.50		

CURRY SAUCE

Masala Sauce	£4.95	Bhuna Sauce	£3.95
Kurma Sauce	£3.95	Dansak Sauce	£3.95

We also serve
Delicious Burger;
please give us
a call to place an order.



Opening Hours

Monday - Sunday: 5:00pm to 11:00 pm



All major credit/debit cards accepted

FOOD ALLERGIES & INTOLERANCES

Some of our dishes contain traces of Nuts, Gluten, Crustaceans, Eggs, Fish (may contain bones), Peanuts, Soyabeans, Milk, Celery, Mustard, Sesame Seeds, Sulphur Dioxide or Sulphites, Lupin, Molluscs & Dairy products.

Please help us look after you by informing us if you suffer from any food allergies before placing your order.

159 Odessa Road, Forest Gate, London E7 9DU
www.currycravings.net 020 8555 7707



Free Delivery

On orders over £15.00 within 2 miles radius

10% Discount

On collections orders over £15.00

We cater for parties, events and special occasions.
Please contact us for further information

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STARTER

Prawn Puri Medium spiced prawns served on a puri.	£4.95
Shahi Chicken Tikka Naga Chicken tikka flavourful with hot Naga chillies	£5.95
Calamari Squid with curry leaves, mustard seed, chopped garlic & ginger.	£5.95
Chilli Paneer Indian paneer (cheese) with green chilles, chef's special spices with touch of tamarind giving a tangy taste.	£4.95
Begun Pakora Aubergine pieces with gram flour & chef's spices, deep fried.	£4.95
Chicken or Lamb Chat Puri Cooked with chat masala served on fried puri bread.	£5.50
Tandoori Chicken (On the bone 1/4 chicken) Marinated with tandoori spices & herbs then cooked in tandoori clay oven.	£5.15
Chicken or Lamb Tikka	£5.45
Sheek Kebab	£5.45
Reshmi Kebab Burger shaped lamb mince spiced then pan fried.	£5.45
Mixed Kebab Chicken tikka, lamb tikka & sheek kebab. Served with salad.	£5.95
Chicken Pakora	£5.15
Garlic King Prawn King prawn marinated in garlic sauce then barbecued in tandoori clay oven.	£6.95
King Prawn Puri Cooked with medium spices & herbs and served on fried puri bread.	£6.95

CLAY OVEN / TANDOORI DISHES

Chicken Tikka	£10.95
Lamb Tikka	£11.45
Special Sizzling Mixture of skewered diced chicken & lamb tikka, fried with plenty of fresh garlic, ginger, green chillies, coriander, peppers & onions.	£12.95
Chicken Shashlik Marinated spring chicken, barbecued with green peppers & tomatoes.	£11.95
Paneer Shashlik Indian cheese barbecued with green pepper & tomatoes	£11.45
Tandoori Mix Grill A platter of tandoori chicken, chicken tikka, lamb tikka & sheek kebab.	£12.95
Lamb Chops Lamb chops marinated in exotic spices & herbs, cooked in the tandoori oven.	£12.95
Tandoori Chicken (Half)	£7.95
Whole Chicken Grill 2 Nan, Salad, Sauce and Bottle of Drink	£16.95
Half Chicken Grill 1 Nan, Salad, Sauce and Can of Drink	£8.95

HOUSE SPECIALITIES

Butter Chicken Cooked with tandoori chicken lightly spiced, fried in butter then cooked in a rich creamy sauce, mild.	£9.95
Chicken Tikka Masala Most popular Indian delicacy, cooked with coconut, almonds & fresh cream in rich, textured masala sauce.	£9.95
Lamb Tikka Masala Most popular Indian delicacy, cooked with coconut, almonds & fresh cream in rich, textured masala sauce.	£10.95
Chicken or Lamb Pasanda Cooked in mild, thick creamy yoghurt sauce with almonds & cream	£10.95
Korai Chicken or Lamb Pieces of chicken or lamb tikka served on a skillet with sauce of diced green peppers & onions with fresh ginger and garlic.	£10.95
Shatkora Lamb Tender lamb cubes marinated using citrus fruit (shatkora) simmered in a spicy blended sauce.	£10.95
Achaari Chicken or Lamb Chicken or lamb pieces cooked with onions, garlic & achar pickle in a thick sauce.	£10.95
Chicken Handi On the bone tandoori grilled chicken, cooked with chef's special sauce made with green chillies, garlic, tomatoes & fresh coriander.	£9.95
Chicken Palak Paneer Strips of chicken stir fried with garlic & chillies, cooked with spinach then garnished with melted cheese & coriander.	£10.95
Nembu Special Chicken or Lamb Cooked with capsicum, tomatoes & onions in spices with a specially prepared sauce made with lime leaves.	£10.45
Mezbani Special Chicken or Lamb Cooked with capsicum, tomatoes & onions in spices with a specially prepared Bengal mustard sauce.	£10.45
Chicken Rejala Mild or medium tandoori chicken & minced lamb cooked in specially blended sweet & sour sauce.	£10.95
Garlic Chilli Chicken or Lamb Fairly hot dish cooked with fresh green chillies, ginger and touch of garlic, garnished with fresh coriander.	£11.50
Chicken or Lamb Tikka Makhani Tender strips of chicken or lamb cooked with mild spices, cashew nuts in our specially prepared mild sauce.	£11.50
Naga Chicken or Lamb Hot & spicy dish, marinated chicken pieces cooked in Bengali style with famous Naga chilli from Sylhet.	£10.95
Zal Zal Chicken (Hot & spicy sensation) Cooked with onions, garlic & fresh green chillies in our chef's special sauce.	£11.50
Chef's Special Jalfrezi Fairly hot dish, combination of tandoori chicken, chicken tikka, lamb tikka & sheek kebab cooked together with green peppers, onions, tomatoes, ground spices & herbs garnished with green chillies.	£11.95
Lamb Chops Zafrani Succulent lamb chops marinated then grilled in the Tandoori, cooked in a medium spiced sauce with tomato, red, green peppers & herbs.	£12.95
Curry Cravings Beef Bhuna Medium Bhuna Dish. Made with house special spice, touch with yogurt & capsicum.	£11.95
Curry Cravings Beef Shatkora Tender Beefs cubes, cooked with Sylheti traditional lime called Shatkora with curry cravings specials spice choice of Medium / Hot.	£12.95
Uri Chicken / Lamb It's round cut Beans choice of chicken/lamb or both Medium Bhuna dish cooked with Curry Cravings Special Spice.	£11.95

SEAFOOD SPECIALS

Mass Roshun Bhuna £12.95 Flavourful dish of fish cooked in a thick, spiced garlic sauce with onions, tomatoes, and aromatic spices.	£13.95
Curry Fish Special £12.95 Boneless fish spiced and cooked with chef's special spices	£13.95
Shashlik King Prawn £13.95 King prawns marinated with light spices & herbs then barbecued in clay oven with chunks of green pepper, tomatoes & onions	£11.95
King Prawn Makhani £13.95 Very creamy & mild dish cooked with cashew nuts & mild spices	£12.95
Tandoori King Prawn £13.95 Marinated king prawns barbecued on skewers in the tandoori clay oven	
King Prawn Ginger Medium dish cooked with ginger, ground spices and a touch of spring onions	£13.95
King Prawn Coconut Barbequed King prawn cooked with creamy sauce & light spices	£13.95
Kerela Fish Curry Fish fillets cooked with fresh herbs spring onions, aubergine & fresh coriander	£11.95
Shatkora Mix King prawn & fish mixed delight. Cooked with fresh curry leaves, mixed herbs & spices, with a touch of fresh shatkora & spring onions	£12.95

BALTI DISHES

All balti dishes are medium hot, cooked in a tamarind sauce with onions, tomatoes, green peppers, special herbs & spices.

Chicken Balti £9.95	Chicken Tikka Balti £10.95
Lamb Balti £10.95	Lamb Tikka Balti £10.95
Prawn Balti £9.95	King Prawn Balti £13.95

TRADITIONAL DISHES

Chicken £9.50	Chicken Tikka £9.95
Lamb £9.95	Prawn £9.95
Lamb Tikka £10.50	King Prawn £13.95
Kurma A very mild dish with coconut, almond & cream in a cream made with fresh cream.	Ceylon A fairly hot dish cooked with a touch of coconut.
Bhuna Medium Strength dish cooked with mized spices & herbs, onions, green peppers garnished with fresh coriander.	Jalfrezi Hot dishes, cooked with sliced ginger, tomatoes & fresh green chillies.
Dopiaza Medium strength cooked with diced green peppers, onions with fresh herbs.	Dansak Fairly hot, delicious dish with a lentil based sauce, complimented with sharp, sweet & sour taste, drizzled with lemon juice.
Rogan Josh Medium, marinated in a blend of spices carefully Selected by our chef, cooked with onions & tomatoes.	Pathia Fairly hot, a distinctive dish with a similar orientation to Bhuna, unique with a hot & sweet & sour flavourful .
Madras A fairly hot South indian curry dish.	Kashmir Cooked with almond, coconut & pineapple in a mild & creamy sauce.
Vindaloo A very hot, strongly spiced dish cooked with potatoes.	Sagwala Medium strength, cooked with spinach & garlic